


Tredyffrin Easttown School District Middle School Menu

Oct. 27 Chicken Cheesesteak Potato Wedges Cucumber Slices Pears Milk Selection	Oct. 28 Soft Shell Taco Lettuce, Tomato, Cheese Green Beans Carrot Sticks Fresh Grapes Milk Selection	Oct. 29 Chicken Nuggets Roll Broccoli w/ dip Applesauce Milk Selection	Oct. 30 Rotini w/ Meatsauce Breadstick Caesar Salad Pears Milk Selection	Oct. 31 <i>Happy Halloween</i> Pizza Dippers w/ Marinara Sauce Black Bean/s Tossed salad Orange Jello Milk Selection
Nov. 3 Pancakes, Sausage and Syrup Hashbrown Pears Sliced Cucumber Milk Selection	Nov. 4 No School 	Nov. 5 Spicy Chicken Fingers Baked Beans Peaches Dinner Roll Milk Selection	Nov. 6 Nachos w/ Beef and Cheese Lettuce, Tomato Carrot Sticks Mixed Fruit Milk Selection	Nov. 7 Popcorn Chciekn Green Beans Tossed Salad Fresh Fruit Selection Cherry Jello Milk Selection
Nov. 10 Corn Dog French Fries Peas Peaches Milk Selection	Nov. 11 Chicken Sticks Tator Tots Apple Wedges Milk Selection	Nov. 12 Hoagie Selection Baby Carrots Broccoli w/ Dip Fresh Fruit Selection Milk Selection Milk	Nov. 13 Soft Shell Taco Lettuce, Tomato, Baked Beans Carrot Sticks Fresh Grapes Milk Selection	Nov. 14 Pizza Dippers w/ Marinara Green Beans Tossed Salad Apple Slices Milk Selection
Nov. 17 Popcorn Chicken Mashed Potatoes Carrot Sticks Mixed Fruit Milk Selection	Nov. 18 Cheesesteak Sand. Potato Wedges Broccoli w/ Cheese sauce Applesauce Milk Selection	Nov. 19 Toasted Cheese Sand. Tomato Soup Sliced Cucumbers Orange Smiles Milk Selection	Nov. 20 Homemade Chicken And Cheese Quesadilla Corn Carrot Sticks w/ dip Bananas Milk Selection	Nov. 21 Chicken Club Sand (Chicken, Bacon and Cheese). Pears Baby Carrots Sliced Cucumbers Milk Selection

Offered Daily

Monday Chicken Patty Sand. Cheeseburger Salad Bar Mickey's Pizza Selection PB&J	Tuesday Chicken Patty Sand. Cheeseburger Buffalo Chicken Wrap Salad Bar Mickey's Pizza Selection PB&J	Wednesday Chicken Patty Sand. BBQ Pork Rib Sand. Cheeseburger Salad Bar Mickey's Pizza PB&J	Thursday Chicken Patty Sand Cheeseburger Turkey and Bacon Wrap Salad Bar Mickey's Pizza Selection PB&J	Friday Chicken Patty Sand. Cheeseburger Salad Bar Mickey's Pizza Selection PB&J
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Middle School Breakfast Meal \$1.45

Four Items:
1. Bread 2. Protein 3. Fruit 4. Milk
You may take all four items, but must take at least three items to count as a Meal. You may take two breads or one bread and one protein and one fruit and one milk.
Choose One Entrée (Bread), (Protein)
Bagel Lg Muffin 1 Cereal & 1 Sm Muffin
French Toast Sticks & Sausage
Choose One Fruit (Fruit)
Fresh Fruit 4oz 100% Fruit Juice
Choose One (8oz Milk)



Middle School Lunch Meal \$2.95

Five Items:
1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk
You may take all five items, but must take at least three items, with one of the three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread).
Choose One Entree: (Protein, Bread)
Choose up to Three: (choose 1 Fruit & up to 2 Vegetables)
Choose One: (1% white, skim white & non-fat chocolate milk)

CAFETERIA ACCOUNT

Please include your child's name and pin # with all pre-payments. You may also pay online at www.paypams.com. FREE registration (\$1.95 fee for online deposits)

Notes about our Menu

- Milk is available with each meal: 1% White, Non-Fat
- White or Non-Fat Chocolate**
- A minimum of 1 Fresh Fruit & 1 Fresh Veg are available with each meal, as well as 4oz Apple and Grape Juice